

**SAMPLE INSTRUCTIONS ONLY. PLEASE CONTACT OUR OFFICE FOR INSTRUCTIONS SPECIFIC TO YOU.**

**PREPARATION BEFORE YOUR PROCEDURE**

PURCHASE 2 (TWO) FLEET ENEMAS.

A Fleet enema is a rectal wash and it can be purchased at any pharmacy over the counter. Follow the instructions on the box.

EVEN IF YOU HAVE A STOMA, YOU WILL NEED TO DO THE ENEMAS.

**\*AT BEDTIME THE EVENING BEFORE YOUR PROCEDURE:** ADMINISTER THE FIRST FLEET ENEMA.

**3 (THREE) HOURS BEFORE YOUR PROCEDURE:** ADMINISTER THE SECOND FLEET ENEMA.

Eat and drink as normal. DO NOT FAST.